

# Cystoscopy Discharge Instructions

## Urinating after the procedure

- It is common to have an increased urgency, frequency of urination
- Sometimes there is burning. This should resolve within a few days
- Some blood when you urinate is also normal for a few days
- If you are having problems that seem out of the ordinary, call immediately.
- Drink mainly water until the above symptoms resolve.
- If unable to urinate, call the office immediately. After hours go to the local ER.

## Medications

- You may take Tylenol or Ibuprofen over the counter as directed
- You may use over-the-counter AZO for burning with urination

## Activity

- There are no restrictions but be smart and listen to your body
- You may shower or tub bath
- Eat what you feel like.

## When to Call

- If you develop any of the following please call us immediately:
  - Fever > 101 degrees.
  - Inability to urinate
  - Burning with urination or pain that is not improving.
- You may also message us via the Advanced MD Patient Portal

Wishing you a speedy recovery!

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