



Welcome!

Hello!

We are thrilled to welcome you to the Pazona MD female hormone optimization plan. Thank you for entrusting us with your care. We are committed to helping you achieve your health goals and ensure you have the best possible experience.

Your healthcare journey is a partnership and we want you to have as much information related to your care as possible. To ensure we are all on the same page, please review the following resources:

- [Everything You Wanted To Know About Female Hormone Optimization](#)
- [Pazona MD Partnership Promises](#) (see next page)

As you may already know, testosterone, estrogen, and progesterone are hormones that play a crucial role in many aspects of your health, including your energy levels, mood, and overall well-being. Our team of healthcare professionals is dedicated to providing you with the highest quality care and personalized treatment plan tailored to your unique needs.

In the coming days, our team will work with you to determine the optimal dosage and administration of testosterone as well as your need for estrogen and progesterone, to maximize their benefits while minimizing any potential risks or side effects. We will also provide you with detailed instructions on post-procedure care after pellet insertion, how to take your medication if also using oral or topical therapies, as well as answer any questions or concerns you may have.

Our goal is to help you achieve the best possible health outcomes and support you throughout your journey. We encourage you to keep an open line of communication with our team, and we are always here to assist you in any way we can.

Once again, welcome to our hormone plan. We look forward to working with you and helping you achieve your health goals.

As a reminder, you should have your hormone levels checked 1 week before your follow-up visit in 6 weeks. If for any reason you need to reschedule this visit or haven't completed the blood draw please let us know.

We are thrilled to welcome you to the Pazona MD hormone optimization plan, and I would like to thank you for entrusting us with your care. We are committed to helping you achieve your health goals and ensure you have the best possible experience.

-The Pazona MD Team



PAZONA MD

Pazona MD Partnership Promises

Our Promises To You:

- Multiple ways to access our providers (patient portal, text messages, telemedicine or in-person visits).
- Prescriptions sent to your pharmacy of choice in a timely manner.
- Transparent pricing and communication.
- Recommendations based on expert opinions and guidelines.
- Expert management of dosing and side effects.

You Promise To:

- Notify our office at least 48 hours prior to an appointment regarding the need to reschedule.
- Compliance with taking appropriate dosage of medications.
- Contact your pharmacy first to see if refills are available.
- Complete all lab draws at least 1 week prior to your appointments.
- Contact our office immediately as the first step if you develop any side effects from the medication.